INNOVATIVE PHYSICAL THERAPY

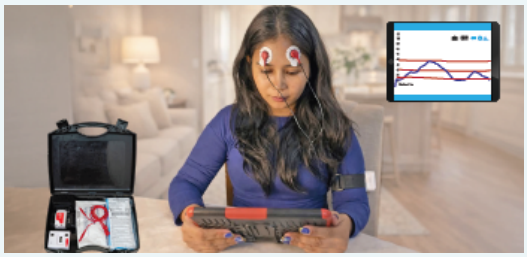
JOGO Biofeedback Therapy

Your guide to getting started

How JOGO works

The JOGO-Gx sEMG Biofeedback Device uses small sensors on your skin to pick up signals from your muscles. A tablet shows when your muscles tighten and relax.

Your therapist uses that feedback to teach you how to recognize and release muscle tension and practice relaxation skills at home.



Who may benefit

The JOGO-Gx sEMG Biofeedback Device may be an option for people with migraine or headaches who want to try a treatment without medication or add to their current care. Your provider can help you decide if it fits your treatment plan.

What to expect

1. **Look for a message from JOGO Care**
   Your clinic sends the prescription to JOGO Care. JOGO Care sends you a link to set up your patient account, checks your insurance, and explains your therapy costs.
2. **Get your JOGO-Gx sEMG Biofeedback Device**
   JOGO Care submits a claim to your insurer for the device. You can start while the claim is pending with a refundable deposit. JOGO Care refunds it when insurance pays for the device or, if insurance does not pay, when you return it in good working order.
3. **Set up the device and start therapy**
   Once your JOGO-Gx sEMG biofeedback device arrives, JOGO Care will schedule an orientation call to help you set up the device and review your therapy plan. JOGO Care will also schedule your first session at the Innovative Physical Therapy clinic most convenient for you.

Clinic locations Edison • Kendall Park • Princeton • Old Bridge • Monroe

Find out more about biofeedback and migraine

Scan with your phone camera or tap the QR code.

Questions? Call JOGO Care at 231-564-6389.